

BIG BROTHERS BIG SISTERS
OF THE COWICHAN VALLEY

2018

ANNUAL REPORT



Mentors make you smile...

AGENDA

ANNUAL GENERAL MEETING

Saturday May 4th, 2019 10:30 am
Vancouver Island Motorsport Circuit
4063 Cowichan Valley Hwy Duncan, BC V9L 6K4

- 1. Welcome – Elizabeth Robinow**
- 2. Call to Order – Elizabeth Robinow**
- 3. Approval of Agenda - Elizabeth Robinow**
- 4. Adoption of Previous Minutes – Elizabeth Robinow**
June 5th, 2018
- 5. Auditor’s Report MNP –Zaida Giron**
- 6. Approval of Financial Statements – Tony Jensen**
- 7. Appointment of Auditor MNP- Tony Jensen**
- 8. Mentor Presentations**
- 9. Annual Reports**
 - President Report – **Elizabeth Robinow**
 - Executive Director Report - **Erin Generous**
- 10. Nominations and Elections - (Elections officer & Scrutineer)**
- 11. Volunteer Appreciation Awards**
 - Volunteer recognition
 - President’s Award – **Elizabeth Robinow**
- 13. Adjournment – Elizabeth Robinow**

Next meeting date: May 14th, 2019

A brief meeting of the new Board of Directors will follow the Annual General Meeting.

BIG BROTHERS BIG SISTERS OF THE COWICHAN VALLEY: ANNUAL GENERAL MEETING MINUTES

JUNE 5, 2018 HELD AT ISLAND SAVINGS CENTRE 2687 JAMES STREET DUNCAN BC

PRESENT: Tony Jensen (Treasurer), Elizabeth Robinow (President), Nira Hopewell (Director), Kevin MacCullough (Director), Debbie Cook (Director) Tony Jensen (Treasurer), Elizabeth Robinow (President), Nira Hopewell (Director), Kevin MacCullough (Director), Michael Youden (Secretary), Hayley Picard (Director), Corrine Richter (Director).

IN ATTENDANCE: Erin Generous (Executive Director), Meg Watkins (Caseworker), Julie Pyon (Program Coordinator), Lisa Horvath (Administrative Assistant), Connie Croteau (Big Sister/Member), Rowan Picard, Tony Brown (Member), Karissa Percival (Practicum Student), Jennifer Kemp (Member), Becky Bennett (Member), Chris Waddell (Island Savings), Adam Wilton (Big Brother/Member), Shane Gill (In School Mentor/Member), Jennifer Barnes van Elk (Member).

REGRETS: Shaun Mann (Director), Ashly Gait (Director), Laura Funk, Samantha Funk (Mentor), Vi Moffatt, Angela Canning, Updesh Cheema, Rita Cooper (Mentor), Caroline Anderson.

WELCOME/INTRODUCTIONS – ELIZABETH ROBINOW
CALL TO ORDER BY ELIZABETH ROBINOW

This meeting was called to order at 6:09pm

APPROVAL OF AGENDA

Kevin MacCullough made a **motion** to accept the agenda as presented. **MSC:** Mike Youden

ADOPTION OF PREVIOUS MINUTES

Becky Bennett made a motion to adopt June 13th, 2017 Annual General meeting minutes. **MSC:** Mike Youden.

AUDITOR'S REPORT MNP- ZAIDA GIRON

Zaida Giron from MNP thanked Board and staff for a smooth year. Total revenues increased in areas of donations and grants resulting in overall expenses increase. Excess of \$8,344. On pg. 7 outlines 1,996 hours of volunteer hours were contributed in 2017. Kevin MacCullough made a motion to accept the Auditor's Report prepared by MNP as presented. **MSC:** Nira Hopewell.

APPROVAL OF FINANCIAL STATEMENTS

Tony Jensen made a motion to approve the financial statements as presented. **MSC:** Elizabeth Robinow.

APPOINTMENT OF AUDITOR MNP

Tony Jensen made a motion that MNP are hereby appointed auditors for next year's Annual General Meeting. **MSC:** Elizabeth Robinow.

SPECIAL RESOLUTION- PROPOSED BY LAW CHANGE

Elizabeth Robinow reviewed the proposed By-law changes for the society's transition as sent/presented to members of the society. Elizabeth Robinow made a motion to adopt the presented proposed By-law change required for the Societies transition. **MSC:** Kevin MacCullough.

PRESENTATION: BIG BROTHER ADAM WILTON

Big Brother Adam shared about his experience as a Big Brother to the membership.

ANNUAL REPORTS

PRESIDENT'S REPORT

EXECUTIVE DIRECTOR'S REPORT

Hayley Picard made a motion to adopt the above annual reports; President's report presented by Elizabeth Robinow and the Executive Directors presented by Erin Generous. MSC: Nira Hopewell.

VOLUNTEER APPRECIATION AWARDS

Elizabeth Robinow presented the President's Award to Director Kevin MacCullough.

NOMINATIONS AND ELECTIONS, PRESENTED BY ERIN GENEROUS:

EXECUTIVE ELECTIONS

Up for re-election:

Tony Jensen

Shaun Mann

Nira Hopewell

Kevin MacCullough

Up for election:

Hayley Picard

Ashly Gait

Corrine Richter

Motion: Nira Hopewell MSC: Hayley Picard

Motion: Nira Hopewell MSC: Corrine Richter

Motion: Hayley Picard MSC: Mike Youden

Motion: Tony Jensen MSC: Nira Hopewell

Motion: Nira Hopewell MSC: Tony Jensen

Motion: Corrine Richter MSC: Becky Bennett

Motion: Nira Hopewell MSC: Hayley Picard

BOARD OF DIRECTORS FOR 2018

President - Elizabeth Robinow

Vice President – Mike Youden

Treasurer – Tony Jensen

Secretary - None

Director - Nira Hopewell

Director - Kevin MacCullough

Director - Hayley Picard

Director - Corrine Richter

Director - Shaun Mann

Director - Ashly Gait

EXECUTIVE ELECTIONS

Nira Hopewell Nominated Elizabeth Robinow for President. MSC: Corrine Richter.

Elizabeth Robinow Nominated Mike Youden for Vice President MSC: Nira Hopewell.

Elizabeth Robinow Nominated Tony Jensen for Treasurer MSC: Mike Youden.

No nominations or volunteers for the secretary position. This should be addressed at the next meeting.

MEETING ADJOURNED

Elizabeth Robinow made a motion to adjourn the meeting at 6:44pm MSC: Mike Youden

All reports are available upon request.

MESSAGE FROM THE BOARD PRESIDENT AND EXECUTIVE DIRECTOR

Elizabeth Robinow

Board President



Erin Generous

Executive Director

Looking back on 2018, it was an exciting year! Great strides were taken in accomplishing our Strategic Action Plan goals and objectives. Paramount to success the agency was able to increase overall revenues, with a 34% increase overall from 2017. With stable fundraising efforts and significant grant increases, the agency was able to increase program capacity, move a temporary Program Coordinator position into a permanent position, and increase hours for both Caseworker and Program Coordinator positions to full time. These initial steps laid the groundwork to assist with building our programs, expanding our reach and allowing the agency to increase the number of children served.

We have the pleasure of having a diverse knowledgeable Board of Directors who are committed to growth and enhancing the services provided by Big Brothers Big Sisters of the Cowichan Valley. With a Board Recruitment Plan in place the agency continues its work seeking expertise to ensure the Board is balanced and has the right skills to meet our upcoming goals in 2019. We would also like to sincerely thank our Board of Directors for their time and dedication to the movement!

The agency did see staff changeover in 2018. After a few changes in our Administrative position we were pleased to welcome Debbie Campbell in June. Meghan Watkins (Caseworker) left in September to return to school and we welcomed Adara Mitchell to our team. In a small organization, staff changeover does affect our momentum in keeping our resources and knowledge flowing. We hope to see some stabilization in the coming years. With an amazing team in place, the year ahead is looking strong in many areas of our work as identified in our Strategic Plan.

In our programming we saw growth, particularly in our Community-based matches where there was a 43% increase. This lowered the waitlist, especially for boys who wait longer periods of time for a male mentor. With the 100 Women Who Care funding support, Big Brothers Big Sisters of the Cowichan Valley implemented a targeted recruitment plan to increase the number of male mentors. The investment was successful – male mentor inquiries went up by 169% in 2018. Since 2017 the agency has increased the number of male mentor matches through various programs (Community-based, In-School mentoring or Group programming) by 133%. We are pleased with the initial results and continue to work diligently to lower the waitlist in both Community and School-based programs.

The year could not have been as successful without a great team of both board and staff. We thank you wholeheartedly for your vision, drive and commitment to growing this organization and working to serve and increase the number of children who would benefit from a Mentor!

SUMMARY

2018 was another year of tremendous growth and improvement for Big Brothers Big Sisters of the Cowichan Valley (BBBSCV). The total number of mentored children climbed from 138 (2017) to 148. This growth included a 43% increase in the number of children served by the organization's traditional one-on-one "community match" component (BBBSCV's most intensive service).

In 2018 BBBSCV gained serious traction in the recruitment of highly sought-after male mentors, a long-standing area of deficiency. Thanks to an ambitious Big Brother outreach campaign (made possible through a generous donation from "100 Women Who Care Cowichan"), BBBSCV received 35 male mentor inquiries in 2018, this is a significant increase from 13 male mentor inquiries in 2017. These newly recruited male mentors made a definitive impact on BBBSCV's waiting list. Because of this campaign, many vulnerable boys (previously at high-risk of "aging out" of the program) found a Big Brother.



BBBSCV's school-based services include both a one-on-one mentoring model (inclusive of In School Mentoring, Teen Mentoring, and Seniors for Kids) and a group format (subdivided by self-identified gender into Go Girls! and Game On!).

In 2018, BBBSCV expanded their school-based services to a number of new partner schools, including Lake Cowichan School (a combined Elementary and Secondary School). This new partnership is notable for the reason that the Lake Cowichan community is disproportionately impacted by childhood vulnerability and juvenile crime.



In 2018, 58% of the youth accessing BBBSCV's services were placed in group mentoring programs. Group mentoring (Go Girls! and Game On!) is an innovative mentoring style that matches a group of up to 10 youth with 2 volunteer mentors (leaders) for a finite session (typically 7 weeks). Group mentoring targets older children in their transitional pre-teen/early teen years (11-15) and follows nationally curated curricula developed by cross-sector experts which is designed to foster healthy bodies and healthy minds. Group mentoring specifically tackles challenging topics such as healthy eating, appropriate exercise, peer-pressure, and cultural /media influences. Go Girls! and Game On! sessions blend these important teachings (delivered through fun, engaging activities) with the core benefits of mentoring and peer socialization. Additional advantages to the group model are that this approach a) enables BBBSCV to match more

children with fewer mentors, and b) is preferred by many older children who desire to spend their time among friends. In 2018, BBBSCV's Go Girls! component welcomed 75 vulnerable girls (a 41.5% increase over 2017 numbers). It is expected that this popular service will grow again in 2019 by another 15%.

PROGRAM DEVELOPMENT AND COLLABORATIONS

In September National Big Brothers Big Sisters month we celebrated Island Savings, a Division of First West Credit Union, for their significant support to all three Vancouver Island Big Brothers Big Sisters chapters. Since 2012, over 1,165 children have been matched to an In-School adult or teen mentor through partnership schools across Vancouver Island. Island Savings has also contributed by leadership, expertise and skills supporting in a variety of settings. It's common to find Island Savings staff as mentors, event supporters (Bowl for Kids), or assisting in "Days of Caring" initiatives. We have immense gratitude for all the support that has been provided to support children and youth across Vancouver Island.



In November 2018, BBBSCV collaborated with the Cowichan Intercultural Society through their "Compassionate Leaders" initiative to facilitate a child safety training and mentoring workshop at project's leadership camp. BBBSCV also provided community service placements (via Teen Mentorship matches) for students involved in the project.



Thanks to a one-time grant from the Civil Forfeiture Branch in 2018, BBBSCV worked with a number of community organizations (including the Our Cowichan Community Health Network and Cowichan Valley Community Policing) to augment the child referral criteria to include risk-factors for future criminality and expand BBBSCV's school-based services to more priority schools and students within the region. This adaptation reflects rising regional crime statistics, the strong connection between childhood vulnerability and delinquent/criminal behaviour, and the proven "protective factor" offered by mentoring interventions.

Thanks to funding from Coast Capital Savings, in 2018 BBBSCV partnered with Junior Achievement BC (JABC) to run a pilot initiative that blended/integrated the Go Girls! curriculum with JABC's "Dollars with Sense" financial literacy program. This expanded session ran for 11 weeks out of Quamichan Middle School. A second pilot program will be trialled in 2019 with a new partner school.

EVALUATION

Evaluation is an important process for measuring impact and improving service delivery. In 2018, evaluation methods consisted of student referral forms, mentor observation logs, and pre/post program participant surveys, along with informal feedback (e.g. anecdotes, success stories, conversations with families, educators, etc.). Qualitative information from these sources, along with quantitative data (including registration numbers and retention rates) continues to help BBBSCV shape program design and delivery in order to best meet both persistent and emergent community needs.

For example, 2018 group mentoring surveys showed that by the end of a session, participants demonstrated increased knowledge about appropriate activity levels, healthy food choices, and socio-cultural influences (peer pressure, social media, movies, TV, etc.), along with improved levels of self-confidence, self-worth, and feelings of social connection. This indicates the success of Go Girls! and Game On! programming in achieving key anticipated outcomes.



BBBSCV continues to work hard to improve evaluation techniques in order to ensure that program services respond to accurate and honest information from participants, families, mentors, schools, and other important community stakeholders.

FUNDRAISING INITIATIVES

With revenues remaining strong the agency was able to achieve their goals of increasing staff hours and expanding programs (group programs). This year the agency also received an increase of grants to assist with the above organizational movements.

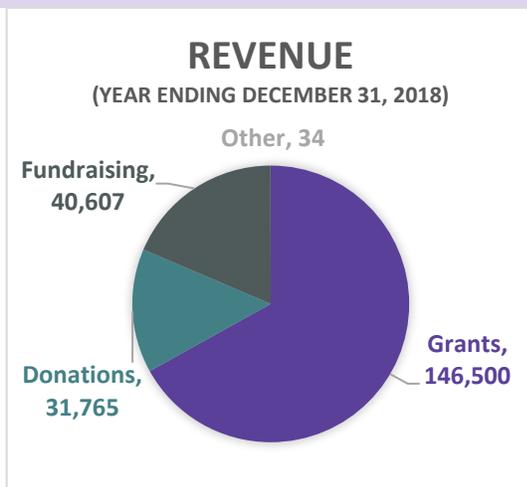
Throughout the year we had a variety of fundraising initiatives that contribute to a successful year:

- Westjet Summer raffle
- Bowl For Kids Sake
- Clothing Donation program

- Tim Horton's Smile cookies
- Smile Cards from Thrifty Foods
- PaintNite fundraiser

The Fund Development Committee is working towards adding an additional fundraising initiative for 2019 as it takes numerous funding streams to grow a healthy organization.

REVENUE



BOWL FOR KIDS SAKE SPONSORS 2018 & 2019

COMMUNITY PARTNER

Island Savings

IslandSavings

MATCH SPONSORS

Shawnigan Lake School



Island Ford



ISLAND
SUPERSTORE

TEAM LITTLES SPONSORS

Tim Hortons

Falt Towing



ISLAND
SUPERSTORE

LANE SPONSORS

HUB International

Duncan Lanes

Buckerfield's

Mark's Instant Sign Shop

Jim Pattison Toyota Duncan

Duncan Hyundai

Panago Pizza

Lee's Famous Recipe Chicken

Falt Towing

Thrifty Foods

Coast Capital Savings

Dr. Ronald G Smith Inc.

Island Ford

IRIS Dr. Karen McClinchey

Drillwell

Cowichan Valley Automobiles

Sands Funeral Chapel

Island Return It

Dairy Queen

Telus

Bow Mel Chrysler

Isherwood Body and Fender

Island Eggs

Stone Pacific

Vancouver Island Motorsport Circuit

VOLUNTEER RECRUITMENT AND MARKETING

The 2018 Strategic Plan goal was successfully met in increasing the number of children served. In addition, the primary goal was to decrease the number of waiting children, in particular boys.

We increased our agency presence at community events and were able to publish additional print and radio ads. We continue to grow our followers on social media platforms (Facebook, Twitter and Instagram), and we are steadily increasing our e-newsletter subscribers. Growth in these areas helps us to share information around fundraisers and highlight amazing contributions from our sponsors, funders, and community supporters. We continue to implement our Marketing and Public Relations Plan in order to increase our community profile and attract more mentors.

- 23 Orientation/Training Sessions
- Set up Instagram account
- Hallway recruits & class presentations at Quamichan Middle School, Frances Kelsey, Chemainus, Lake Cowichan, and Cowichan Secondary schools
- One World Festival
- Duncan farmers market
- Christmas Chaos
- Diversity Day (Charles Hoey Park)
- Partnership with Cowichan Intercultural Society's Compassionate Leaders program – for Teen Mentors
- Cowichan Capitals & Big Brothers Big Sisters recruitment night
- PaintNite
- Presentations to service clubs
- Month-long display in the public library
- Chemainus Wednesday Market (2 dates)
- Cowichan Exhibition (with United Way)
- Beverly Alexander Neighbourhood Celebration

PROGRAMMING REPORT 2018

IN SCHOOL MENTORING

Big Brothers Big Sisters of the Cowichan Valley is fortunate to have 8 Elementary School partnerships in School District 79, as well as 3 Secondary School partnerships. The In-School Mentoring program is offered at the following Elementary schools:

Chemainus Elementary
Alexander Elementary
Khowhemun Elementary

Tansor Elementary
Palsson Elementary
Lake Cowichan Elementary

George Bonner Elementary
Crofton Elementary

The Teen Mentoring program is offered through the following partnership schools where students in grades 10-12 can participate in the In School mentoring program as a Teen Mentor:

Cowichan Secondary Chemainus Secondary Frances Kelsey Secondary

*In School Mentoring is proudly sponsored by: **IslandSavings***

GROUP MENTORING

A total of seven Go Girls sessions and one Game On session were held in 2018. Group based mentoring programs are offered in partnership with Elementary schools throughout SD 79. Each program consists of 7 weekly sessions (1.5 hours each session) around healthy bodies and healthy minds.

Game On and Girl Girls programs were hosted at:

Khowhemun Elementary
Alexander Elementary
Chemainus Elementary
Tansor Elementary

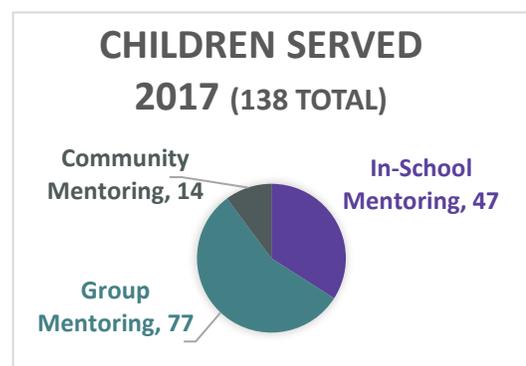
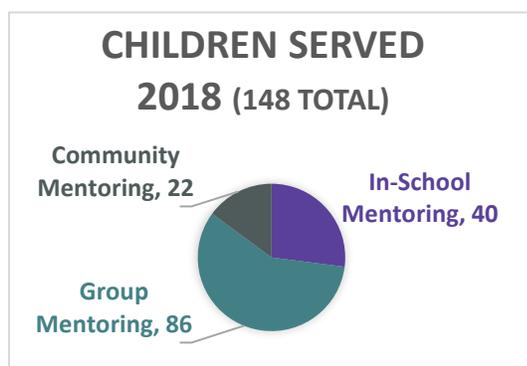
Drinkwater Elementary
Maple Bay Elementary
Quamichan Middle School
BBBSCV Office (summer session)



COMMUNITY PROGRAM

The Community program continues with a steady growth allowing the organization to serve more children. With the 100 Women Who Care funding support the investment to increase our agency profile in the community was successful. We project we will see a steady growth in 2019.

CHILDREN SERVED



SUCCESS STORIES

Note: To protect the identity of program participants, some names have been changed.

Pip and Julia's Story



Pip is a grandmother whose five grandchildren live far away. Missing young companionship, she signed up through the “Seniors for Kids” service as a way of “filling the gap” in her life.

Pip has been mentoring Julia for several years and thoroughly enjoys their weekly meetings. The pair partakes in many activities including baking, sewing, knitting, word searches, reading, and growing plants. Julia takes an active role in planning their upcoming activities and always brings Pip suggestions for all sorts of new fun they can have together.

Pip thoroughly enjoys spending time with such a “lively youngster,” having “missed playing games and doing projects” with her own grandchildren. Pip enjoys most being able to show Julia “things she may not have had the opportunity to do otherwise,” explaining that “I like to think that I am opening up her world beyond school and home and bringing out her creative spirit - which is the best part of mentoring.”

Dan and Alex's Story

Dan is an outdoors-enthusiast with an active social life and a great job. Once a shy kid, Dan credits the positive male role models in his youth with helping him to build confidence and become the man he is today. In his late 20's Dan started to feel unfulfilled and wanted to start working on meaningful goals. Remembering the impact of mentoring on his childhood, he decided to enroll as a Big Brother.

Dan was matched with Alex, a 13 year-old from a single parent household who had been waiting for a Big Brother for 6 years. After bonding over bikes, the two thrill-seekers were soon off on countless adventures, growing a strong and supportive friendship. The mentorship made Dan re-evaluate his goals and values. Dan explains that “by becoming a part of Alex's life, I have gained clarity on what it is truly important to me. Reflecting on their friendship, Dan says that “Alex is one of the most multifaceted people I know. He's musical, good with tools, athletic, book-smart, outgoing, fashion-forward, creative, and unique. It's always a good time hanging out with him – especially the rare moments when I know something he doesn't and I get to gift another tool to his toolbox.”

Carolyn's Story

Carolyn's mother enrolled her in Go Girls! because she felt that it was a great opportunity for her daughter to build self-confidence at a time in her life when body-image, healthy relationships, and self-worth are very important. Carolyn's mother feels that sometimes young girls “don't hear” the encouragement of their parents over the noise of negative social pressure, and for this reason she wanted to enroll her daughter in an affirming, positive program.

When she would pick her daughter up from each session, Carolyn would enthusiastically share what she learned, gaining confidence and feeling more empowered with each passing week. Carolyn expressed to her mother that she “was excited to attend each week, and felt like she was an equal team member with the group of girls.”



As the session progressed, Carolyn became more aware of her physical activity, began making healthier food choices, and prioritizing sleep. Carolyn grew to appreciate her body and develop her overall self-confidence.

Carolyn's mother acknowledges that growing up, especially in a school setting, is challenging. She feels that Go Girls! created the perfect opportunity for her child to develop and practice the life skills and self-respect she needs to thrive during this time of growth and transition.

OUR WONDERFUL PROGRAM MENTORS

A huge THANK YOU to our amazing dedicated caring volunteers! You are the foundation of change in making a difference each time you connect with your Little Brother/Sister or Little Buddy. We cannot thank you enough for all your support, creativity, and passion for the program. In 2018, our volunteers donated 1835, hours towards enriching the lives of children.

IN SCHOOL MENTORS

Pip Woodcock	Karissa Percival
Melissa Oczkowski	Matt Elford
Cherry Beckett	Beverly Davy
Rita Cooper	Sheri-Lyn Goddard
Chad Evans	Eyvette Elliott
Kim Girolami	Don Stott
Felicia Rubright	Paula Foot
Shane Gill	Heather Mitchell
Cathy Brooks	Melody Kassiri
Joanna Galvin	Camille Mitchell
Simon Kuhl	



TEENS MENTORS

Jaleh	Aleah	Matthew	Pablo	Madison
Maria L.	Makyla	Samantha	Ayumi	Julia
Larissa	Vittoria	Maria Z.	Emily	

COMMUNITY PROGRAM- BIG BROTHERS AND BIG SISTERS

Camilla Lockwood	Trisha Stott	Joanna Hibberd
Julie Rosenthal	Adam Wilton	Derek Gibson
Bonnie Potter	Michelle & Daryl Truitt	Steve March
Cheryl Hughes	Megan Rimbey	Sandra Redman
Vlad Portik	Lisa Hudson	Reagan Mayo
Connie Croteau	Tammy Andrews	
Everett Dixon	Bill Hibberd	

GO GIRLS & GAME ON FACILITATORS

Rylee Keller	Cherry Beckett
Claudia Roberts	Amanda Chartrand
Melissa Oczkowski	Megan Rimbey
Kali King	Sheri-Lyn Goddard
Athena Horwood	Melody Kassiri
Karissa Percival	Erinn Roll
Katrina Radhuber	Shane Gill
Lindell Kennedy	Tony Brown



BOARD OF DIRECTORS

Chair Elizabeth Robinow
Secretary Michael Youden
Director Ashly Gait

Vice Chair Kevin MacCullough
Director Nira Hopewell
Director Hayley Picard

Treasurer Tony Jensen
Director Shaun Mann
Director Corrine Richter

STAFF



Erin Generous – Executive Director
Adara Mitchell – Caseworker
Julie Pyon – Program Coordinator
Debbie Campbell – Administrative Assistant

VIU Child and Youth Care Practicum Student – Melissa Oczkowski
VIU Social Work Practicum Student – Karissa Percival

EVENTS

Big Brothers Big Sisters of the Cowichan Valley is incredibly thankful for community members and local businesses that provide opportunities for our matches and families to connect and enjoy events and activities out in our community.

- Magic show Murray Hatfield and Teresa donated by Duncan Fire Department
- Bowling passes for matches From Youth Bowl Canada
- Circo Osored Circus
- Shriners Variety Show
- Two teams of Littles Brothers and Little Sisters joined Bowl For Kids Sake.
- Cowichan Capitals hockey season tickets donated by Mike and Jay Walsh for all our volunteers, matches, waiting Littles and their families.
- Cowichan Capitals hosted Big Brothers Big Sisters Night where a match performed the ceremonial puck drop!

On behalf of our volunteers, Littles and families, we want to thank you for your amazing generosity.

MOVING FORWARD

The Cowichan region is in the midst of a “child vulnerability crisis” that includes disproportionate rates of child poverty, children in care/need of protection, EDI vulnerability¹, and child/youth mental health disorders/hospitalizations. An exhaustive body of research proves that mentoring is a proactive, simple, and highly effective way of breaking patterns of child/youth vulnerability and building community resilience. As such, BBBSCV plans to continue to grow, improve, and diversify services in order to protect our region’s most valuable asset – our children.

BBBSCV has historically served a large number of Indigenous children/families. In 2018, 40% of the children accessing BBBSCV services came from First Nations communities. This is a demographic trend that is expected to continue and warrants specific efforts to ensure culturally appropriate program delivery. In 2019, BBBSCV plans on incorporating mandatory cultural sensitivity/safety training for all program personnel (staff and volunteers) and will begin to integrate cultural supports (e.g. traditional activities and teachings blended with group mentoring curricula) and begin targeted outreach efforts to recruit more Indigenous mentors. This is a key prerogative of the organization for the upcoming years.

¹ The University of Victoria’s Human Early Learning Partnership (HELP) uses the Early Development Instrument (EDI) to measure the developmental health of children entering school, using scales of physical health/wellbeing, social competence, emotional maturity, language/cognitive development, and communication/general knowledge as predictors of future educational success and social outcomes. Data from the Wave 6 (2013-2016) study of School District 79 (Cowichan Valley) shows that 1/3 children in the CVRD are showing vulnerabilities in one or more areas critical to healthy development.

THANK-YOU TO OUR INCREDIBLE SUPPORTERS – WE COULD NOT DO IT WITHOUT YOU!

Island Savings – In School Mentoring Partner \$20,000

Island Savings has been instrumental in helping our agency grow the In School mentoring program. As proud partners since 2012, Island Savings has provided funding for all three Big Brothers Big Sisters organizations on Vancouver Island with a financial investment of \$500,000. Island Savings also supported hundreds of volunteer hours toward mentoring relationships and supporting our organization with event support and increasing agency profile. Thank you for helping us achieve more!

Special thank-you to Chris Waddell for all his support!

Island Savings



Tim Horton's – Smile Cookies



Over \$12,193 Smile Cookies were sold in September campaign with a donation of \$12,193 dollars donated to support mentoring programs. Nothing could make you SMILE more knowing these delicious cookies make a difference here in the Cowichan Valley. Thank-you Tim Horton's for your community support.

Tim Hortons

United Way Central & Northern Vancouver Island

Thank-you United Way Central & Northern Vancouver Island for your continued support in our School Base Mentoring programs.



WestJet

We appreciate YOU WestJet! Each year WestJet donates a round trip for two to any regular scheduled WestJet destination to assist us in raising funds to support our mentoring programs. 2018 raffle ticket initiative raised \$4,175!



Cowichan Valley Regional District

With funding of \$5,000 in 2018 the agency was able to expand staff hours for the Caseworkers position, with an increased number of children served in 2018 this was warmly welcome to assist with the increased user population from the variety of mentoring programs.



Duncan Dabbers Bingo Society

Thanks DDBS for your supporting in 2018 mentoring programs, your investment provides a brighter tomorrow for our children and our community.



Community Gaming



"We acknowledge the financial assistance of the Province of British Columbia"

Island Health Community Wellness

We are thankful for the Support of Island Health Community Wellness in assisting us in reaching young girls around healthy body's healthy minds through physical activity, learning about eating habits, increase self-awareness around the impacts friends, media and peer pressure has on young girls. The program takes on challenging topics that help build stronger social connections, strengthen coping skills to support youth when challenges issues come their way.



First West Foundation –Island Savings Endowment

With over 75 girls who participated in the Go Girls program in 2018 we are proud to have been one of the recipients of the Island Savings Endowment to support girls in participating in the Go Girls program.



Loblaw's Companies Limited



You may have noticed! At Great Canadian Superstore BBBCV was charity of choice for 2018 for the Save it Forward program supporting mentoring programs here in the Cowichan Valley. \$1286 was raised through this initiative. We appreciate the support!



100 Women Who Care

Thank you 100 Women Who Care has a direct impact on the lives of boys who have been waiting a long time for a male mentor! Memories, life skills and new adventures are being made!



Hamber Foundation

Thank you to the Hamber foundation for supporting our mentoring programs in 2018.



Coast Capital Savings

Mentoring services expanded into Quamichan Middle School last spring offering a new pilot program for Go Girls; that included a component of the Dollars with Sense program through a partnership with Junior Achievement BC. The girls attended an 11 week session that provided information and support to make informed choices about active living, balanced eating and feeling good. Through the Dollars with Sense program girls learned about financial literacy on how to identify their financial needs, wants and goals; develop money management skills, discover what influences their spending and learned how to make informed spending choices. Thank You Coast Capital Savings!



Canadian Tire Jumpstart

We love partnering with Jumpstart to support our group programs Go Girls and Game on! Through group activities participants learn the importance of healthy bodies healthy minds and the importance of physical exercise and staying active as part of a healthy lifestyle.



Island Ford \$10,000

Thank you Island Ford for supporting our mentoring programs in the Cowichan Valley. Making an investment to children and youth in our community is fantastic if you ask us, we know when we have happy, healthy young people in our communities, everyone benefits! We value your continued support helping children achieve more. Huge thanks to the two Island Ford staff teams who came out to also support Bowl For Kids Sake.



Civic Forfeiture



The project through Civic Forfeiture assist with BBBSCV expanding the existing school base mentoring services and implemented priority participant criteria that targeted preventative interventions for youth with a high risk for involvement of crime. Having assessment tools and evaluations help the organization to better support children and youth.

“Volunteering is at the very core of being human. No one has made it through life without someone else’s help.”

Heather French Henry



Big Brothers Big Sisters
of the Cowichan Valley